

	EPILEPSY: : HOMEOPATHIC APPROACH		
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EPILEPSY: HOMEOPATHIC APPROACH

On International Epilepsy Day let us learn about epilepsy.

Epilepsy is a serious neurological disorder affecting children as well as adults. The patient experiences episodes of convulsive body movements medically termed as seizures. The seizures are typically described and observed as spasmodic, irregular body movements, affecting various muscle groups of the body. It may present with varying intensity and duration, and different groups of muscles in different individuals, at different times.

Typically, epilepsy or seizures occur due to abnormal electrical activity in the brain which is reflected in different groups of muscles.

Epilepsy is a chronic disease having a tendency to relapse periodically and for many years to a lifetime, if not adequately treated.

Signs and symptoms:

The most common symptom or a sign of epilepsy is recurrent seizures or convulsions.

- Seizures are involuntary movements, like jerking or thrashing, or experiencing unusual feelings or sensations, which can be associated with loss of consciousness or being unaware of things happening around.

One may experience and describe seizures in various ways, as it is often a subjective experience:

- Before the appearance of a seizure may be hours or days ago, a person can notice various changes in his behavior or mood.
- The relevant history can be obtained from a friend or the patient himself.
- The patient can also experience an aura before the seizure attack, the patient feels that he has seen this before or lived this before or can smell strange things or see flashes of lights.
- After a partial seizure, there may be a temporary weakness of the affected limb.
- After a generalized seizure, the patient may feel awful with headaches, myalgia, confusion, and a sore tongue.
- Not everything that twitches is epilepsy, but tongue-biting is very suggestive of epilepsy

It all happens because the transmission of the electrical activity between the brain cells pauses for a while manifesting as seizures. Seizures could be of various forms, but for a given patient they tend to be stereotyped.

Causes:

The causes involve both physical and psychological factors that include

- CNS infections, metabolic disorders, and trauma during birth, neo-natal, and infancy period
- Brain tumors, Alzheimer's disease, and accidental trauma
- Alcoholic consumption
- Heart diseases and strokes can affect brain functioning causing the seizures
- Infectious diseases – Meningitis, AIDS, Encephalitis
- Abnormal or inferior growth of Neurons during neo-natal stage
- Environmental factors and exposure to chemicals
- Insomnia, physical, and psychological stress
- Sudden withdrawal from certain anti-depressant and anti-anxiety drugs

Homeopathy for epilepsy is strongly recommended as a supportive line of treatment along with conventional treatment, in most cases.

It may be stated that **epilepsy treatment in homeopathy** alone may not help all the cases. At the same time, it is worth making a note that many cases of epilepsy which were resistant to the conventional medication, do respond significantly to homeopathy.

In the cases where a brain tumor is the cause of epilepsy, **epilepsy homeopathy medicine** is not suggested as the line of treatment.

There are numerous *Homeopathic medicines for Epilepsy* like Cicutia, Artemisia Vulgaris, Stramonium, Cuprum Met, Bufo Rana, Hyoscyamus etc.